



**The Portland Hospital**  
for Women and Children

# Children's One-Stop Inguinal Hernia Clinic

## Pre-Clinic Information for Parents

### **APPOINTMENT**

You should have now received an appointment for your child to see Mrs Ashwini Joshi at The Portland Hospital Children's One-Stop Hernia Clinic. If you need to change your appointment date please contact The Portland Hospital Enquiry Line on 020 7390 8020.

Mrs Joshi will confirm the diagnosis of hernia during the morning consultation appointment and will arrange for your child to have surgery that same afternoon in the absence of any significant medical conditions.

Should surgery be required then consent forms will need to be completed during the consultation appointment.

### **FASTING**

In order to be ready for the procedure in the afternoon, your child should not have formula milk or food after 7.30am on the morning of the appointment; no breast milk after 9.30am, and no water after 11.30am. We will be able to tell you the time of the afternoon operation during the morning appointment and be assured we will not keep your child fasted unnecessarily.

### **PAYMENT**

Please note that the hospital fees and consultant fees will be charged separately.

**Insured:** For insurance based clients the pre-authorisation for outpatient consultations will need to be obtained prior to your appointment. If surgery is required, the hospital's Admissions department will assist you with obtaining authorisation for the surgery.

Please bring your insurance details with you at the appointment.

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**Self-paying:** Self-pay patients should expect to pay for the service on the day.

Hospital Fees:

Hospital fees are available upon request from the Reservation department on 020 7390 6037.

Surgeon's Fees:

- Initial clinic fee: £180
- Operation fee:
  - Repair of unilateral inguinal hernia: £500
  - Repair of bilateral inguinal hernia: £650
- Follow-up clinic fee: £120

Anaesthetist Fees:

Please note there will be an additional charge for the anaesthetist.

**Embassy patients:** Please bring Letter of Guarantee to appointment.

**SURGERY RESCHEDULE**

While we will do our best to complete your child's care on the same day as the clinic appointment, please be aware that there may be reasons not to proceed with the hernia repair that same day e.g. high temperature. In this situation, the procedure will be re-scheduled for the next possible date.

**ENQUIRIES**

If you have any further queries regarding the Children's One-Stop Hernia Clinic please contact the Children's Outpatients Department on 020 7390 6504 or visit our website at [www.theportlandhospital.com](http://www.theportlandhospital.com)

